

**Bakersfield Oral Surgery & Implant Center**  
**2023 Brundage Ln**  
**Bakersfield CA 93304**  
**Office:(661)324-1725**  
**Fax:(661)864-1309**

## **Pre Operative Instructions**



**In order for us to complete your surgery, these instructions need to be followed. Failure to comply with these instructions may result in the cancellation of your appointment. Please take the time to read each instruction carefully and initial stating you understand.**

1. You cannot have anything to eat or drink 8 hours prior to your scheduled appointment. This includes water.
2. No smoking/Vaping tobacco/marijuana 48 hours prior to appointment.
3. A responsible adult with a vehicle must remain in the lobby at all times until your surgery is complete and you are ready for them to take you home. IF your driver is not present at the time of your appointment, your appointment will be canceled.
4. Please **ONLY** bring your driver. No children or additional people should be with you the day of surgery. Our waiting room is limited, and we are doing our very best to make sure all drivers maintain their social distance.
5. If you are currently on medications, you must take all your medications normally with a small sip of water at their scheduled times. It is preferable that you take your high blood pressure medication an hour before your appointment time the day of your surgery.
  - a. If you are diabetic, your appointment must be early in the morning and you are **NOT TO TAKE** your diabetic medications.
  - b. If we requested a medical clearance and have confirmed with your medical doctor regarding specific medications, then the instructions regarding your medications will be given to you specifically.
  - c. If you have Asthma please bring your inhaler the day of surgery.
6. Please wear comfortable, loose fitting clothes. Please wear a shirt under your sweater, as we will ask you to remove it. Please remove any nose, tongue or lip piercings before your appointment. (Women ) Please file your nails down to a short length and no dark polish. ( pulse ox will not read)
7. If you wear contact lenses, please remove them the day of your surgery appointment.
8. If you have an illness such as a cold, sore throat, nasal congestion, stomach or bowel upset please notify the office.
9. If you need to reschedule or cancel your appointment, please notify us at minimum 24 hours prior to your scheduled appointment. If you cancel or reschedule the day of your appointment there will be a \$25 fee. If you do not show to your appointment and do not contact our office by the end of that business day, will not reschedule your appointment.
10. We recommend washing face and hair prior to appointment to prevent bacteria from invading the mouth.
11. A staff member will give you a call a day prior to confirm your appointment over the phone. It is very important to confirm, if we are unable to receive a confirmation your appointment will be cancelled.